

# PALM BEACH ILLUSTRATED®



**HORSE POWER**  
*Equestrian jet-setter*  
*Hannah Selleck*

**Q&A: PHILIP NICOZISIS**

## AROUND THE WORLD

After a yearlong odyssey to 12 cities across four continents, accompanied by 48 others in his "family" (traveling family), vegan evangelist and real-estate-guru-turned-digital-nomad Philip Nicozisis returned to Palm Beach with stories to tell. He penned *Have Laptop, Will Travel*, a memoir being cast as the male version of *Eat, Pray, Love*. *PBI* caught up with Nicozisis for insight into his bucket-listing abroad. ([havelaptopwilltravel.co](http://havelaptopwilltravel.co))



**PBI: What is a digital nomad?**

**Nicozisis:** A digital nomad is a location-independent professional who can run [his or her] business from a smart phone or laptop. As long as there's WiFi, [he or she] can be anywhere in the world performing work duties. The idea is that work and travel don't have to be separate; a digital nomad can do both at the same time. The company Remote Year organizes teams of digital nomads to travel together.

**What was it like sticking to a vegan diet while traveling?**

Eating vegan around the world was easy. I used the HappyCow app—which is like Yelp for vegans—to find vegan restaurants. The spices of India and Thailand are so savory. The fresh greens and exotic fruits of South America are unparalleled. The colorful root vegetables of Japan, and the way they artfully present the plate, are haunting me to go back. Everywhere around the world, the vegan

trend is catching on. And it's more than a trend; it's not going to go away.

**Did you always plan to write a book?**

From the beginning of the trip, my mom kept encouraging me to write a book. About halfway through my journey, it occurred to me that my travel experience was a story that should be told. I didn't expect it to become an international bestseller, but it's striking a chord in people. What's personal is universal.



PHILIP NICOZISIS RAN HIS REAL ESTATE BUSINESS REMOTELY WHILE TRAVELING.